

General Guidelines for User Groups at St. John's (10/27/20 version)

These guidelines may be subject to change with new scientific research and/or new provincial and diocesan directions.

Contact Tracing

- Keep a list (names + telephone and/or email) of people attending, for 30 days after each meeting. This will aid in government contact tracing in the case of Covid-19 exposure/infection.
- If there is an incident of Covid-19 exposure/infection in our buildings, let the designated St. John's contact person know immediately by email and/or phone. This will help us make decisions re: needed notifications to our wider church and additional sanitation procedures.

Physical Distancing

- Each person must keep physical distancing of at least 2m/6ft from others.
- You must stay within the maximum capacity of the Parish Hall (no more than 28 persons) that allows for everyone to keep at least 2m/6ft apart throughout your gathering. Note: Depending on how you configure the seating etc., the actual capacity may be less than 28.

Masks

- Masks are to be worn by all who are able to do so during your gathering.
- Those who cannot wear masks for medical reasons are encouraged to stay home.
- **12 step groups** - it will be up to your group to determine what constitutes an acceptable medical reason to not wear a mask, and for the individual to weigh the much higher risks of being unmasked.
- **12 step groups** – we recommend that people stay masked throughout the meeting, but if your group wishes to have a person take their mask off temporarily at the time of sharing **ONLY** (to aid in the group being able to hear/understand the person), the following must be adhered to:
 - no more than one person unmasked at a time
 - the unmasked person must be at least 3.5m/11.5ft apart from all others. We strongly recommend a further distance from others in the group wherever possible because when people speak to a group they usually project their voice, increasing droplets in the air.

Hand Hygiene

- Everyone must keep hands clean by washing thoroughly with soap and water and/or applying hand sanitizer as they enter, as they leave, and during the gathering as needed.

General Sanitation Processes

- Upon leaving, disinfect any high-touch surfaces in the Parish Hall, Kitchen (if used), Washrooms (if used), particularly doorknobs/door handles, chairs, tables, sink taps, toilet handles, etc.

Food/Drink

- No shared food or drink
- Individuals may bring their own food/drink if they dispose properly of them afterward, preferably off-premises.

Washrooms

- Encourage your group to use off-premises washrooms before or after the meeting whenever possible.
- Use washrooms on an emergency-use-only basis
- If the washrooms are used:
 - Touched surfaces (including toilet handle and taps and doorknobs etc.) must be sanitized after every use
 - The individual must wash their hands thoroughly after use
 - **12 step groups** - if washrooms are used, the group must sanitize washroom surfaces as part of cleanup at the end of the meeting

Stay Home/Self-Isolate

- Group members should not enter the buildings in these scenarios:
 - If feeling sick (e.g. fever, unexplained cough or cold-like symptoms, etc.) stay home and call 811
 - Stay home and self-isolate if you or anyone in household have travelled outside of Canada in the last 14 days or have otherwise had any potential exposure to COVID in the last 14 days.